

The S.A.F.E. Geriatric Neurorehabilitation Framework

Screen Early • Assess Comprehensively • Functional Interdisciplinary Intervention • Educate • Evaluate • Evolve

Aspiration Prevention Bundle

PURPOSE

Reduce aspiration risk through standardized interdisciplinary practices across nursing, rehabilitation, dietary, and medical teams.

BUNDLE ELEMENTS & QUALITY INDICATORS

Intervention	Complete	Quality Indicator	Goal
Oral care	■	Aspiration pneumonia	↓
Upright positioning	■	Hospital transfers	↓
IDDSI compliance	■	Oral care compliance	↑
Medication review	■	Swallow reassessment	↑
Swallow precautions	■		
Hydration monitoring	■		
SLP reassessment	■		

ESCALATION TRIGGERS

New cough during meals • Wet vocal quality • Fever • Oxygen changes • Reduced intake • Recurrent pneumonia → Notify provider and SLP.

IMPLEMENTATION CHECKLIST

Checklist Item	Complete
Leadership approval	■
Staff education	■
Policy integrated	■
Documentation updated	■
Audit metrics established	■
Quarterly review	■

EVIDENCE BASE

Evidence-informed dysphagia management • IDDSI Framework • Person-centered care • Interdisciplinary rehabilitation • Patient safety and quality improvement